

# Parent Carer coffee mornings

term time only



## Hereford

10am - 12noon

**\*NEW VENUE\***

**Little Black Dog Café**

5 The Mews, St Owen St

**Every Tuesday and  
Friday morning, term  
time only.**

## Leominster

10am - 12noon

**Wetherspools**

Leominster HR6 8LR

**2nd and 4th Wednesday  
of each month, term time  
only.**

Groups offer a friendly atmosphere to give Parent Carers the opportunity to chat with others in a similar situation to themselves.

If you are coming along for the first time, would like to know more or would like directions to the venues please contact Cathy Hayes, Parent Carer Support Worker on 07976 111196.



Like us on Facebook  
Herefordshire Carers Support



Follow us on Twitter  
@herefordcarers

Herefordshire Carers Support

Berrows Business Centre | Bath Street | Hereford

HR1 2HE | ☎ 01432 356068

✉ [help@herefordshirecarerssupport.org](mailto:help@herefordshirecarerssupport.org)

🌐 [www.herefordshirecarerssupport.org](http://www.herefordshirecarerssupport.org)



# Herefordshire's Parent Carer Forum The Voice



A Forum within Herefordshire Carers Support for Parents of children and young people with a special educational need and/or disability.

Together we can make a difference and improve local services for our children.

The main principles of the new Children and Families Act 2014 are:

- ⇒ **More participation**
- ⇒ **Better outcomes**
- ⇒ **Better joint working 'co-production'**
- ⇒ **Families at the heart of the system**

Please share your experiences, suggestions, ideas for change, opinions both good and bad with us.



Please write to us, email, Facebook, Twitter or join us at a Support Group (details over the page) or at a 'Parents Voice' meeting.

☎ 01432 356068

✉ [help@herefordshirecarerssupport.org](mailto:help@herefordshirecarerssupport.org)

💻 [www.herefordshirecarerssupport.org](http://www.herefordshirecarerssupport.org)



Like us on Facebook  
Herefordshire Carers Support



Follow us on Twitter  
@herefordcarers

"You should be listened to and need to be involved in decisions that affect your children.

That is what the new system is all about."

Edward Timpson 2014